

INSTRUCTIONS FOR AUTHORS

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Full articles should contain the following sections: *Cover page* (see below), *Introduction* (without any heading), *Materials and methods*, *Results*, and *Discussion*. An Abstract written both in English and Spanish will be included preceded by the corresponding title. The Abstracts will follow the title page, will not exceed 250 words each, and will avoid referring to tables and figures. Only when the article is presented in English, the Abstract in Spanish can have a maximum of 300 words. Three to six key words in English and in Spanish should be added after the corresponding abstract, preferably selected from Index Medicus (Medical Subject Headings, MeSH). In the **Introduction**, the purposes of the article are stated, and the rationale for the study is summarized. Do not include data or conclusions from the work being reported. **Materials and methods** include a description of (a) selection of the studied subjects, and their characteristics; (b) methods and procedures (in clinical trials, complete information on all major elements of the protocol will be included, e.g., study population, intervention or exposures, outcomes, rationale for statistical analysis); (c) ethical standards and guidelines followed will be indicated; (d) Statistical methods will be described. Results should be presented in a logical sequence. Data presented in **tables** or **figures** should not be repeated in the text. In **Discussion**, new and important aspects of the study should be discussed and the conclusions clearly stated. Do not repeat in detail data or other material already given in previous sections. Avoid claiming priority and referring to work that has not been completed.

When appropriate, **acknowledgements** will be added, before the references section, in which technical help, financial support, and contributions that do not justify authorship may be listed. Any **Conflict of interests** should be declared. **References** should be limited to those papers directly related to the article, and numbered consecutively. All authors will be included if they are six or less; if more than six, the third one will be followed by, "et al" (et alia: and others). The titles of journals should be abbreviated according to the style used in Index Medicus (also available in <https://www.nlm.nih.gov/>). Use superscript numerals for references in the text. List the **References** for journals, books and book chapters, and Internet sites, according to the following examples.

1. Van Klaveren RJ, Oudkrek M, Prokop M, et al. Management of lung nodules detected by volume CT scanning. *N Engl J Med* 2009; 361: 2221-9.
2. World Health Organization. Global tuberculosis control: surveillance, planning, financing. WHO report 2005. WHO/HTM/TB/2005.349. Geneva: World Health Organization, 2005.
3. Philips DJ, Whisnant JP. Hypertension and stroke. In: Laragh JH, Brenner BM, eds. Hypertension: pathophysiology, diagnosis, and management, 2nd ed. New York: Raven Press, 1995, p 465-78.
4. Helman A. Air pressure and Mount McKinley. In: http://www.cohp.org/ak/notes/pressure_altitude_simplified_II.html accessed October 2009.

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