SEXUAL HORMONES MODULATE COMPENSATORY RENAL GROWTH AND FUNCTION

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Abstract
The role played by sexual hormones and vasoactive substances in the compensatory renal growth (CRG) that follows uninephrectomy (uNx) is still controversial. Intact and gonadectomized adult Wistar rats of both sexes, with and without uNx, performed at 90 days age, were studied at age 150 days. Daily urine volume, electrolyte excretion and kallikrein activity (UKa) were determined. Afterwards, glomerular filtration rate and blood pressure were measured, the kidneys weighed and DNA, protein and RNA studied to determine nuclei content and cell size. When the remnant kidney weight at age 150 days was compared with the weight of the kidney removed at the time of uNx, male uNx rats showed the greatest CRG (50%) while growth in the other uNx groups was 25%, 15% and 19% in orchidectomized, female and ovariectomized rats, respectively. The small CRG observed in the uNx female rats was accompanied by the lowest glomerular filtration value, 0.56 ± 0.02 ml/min/g kwt compared, with the other uNx groups, p < 0.05. Cell size (protein or RNA/DNA) was similar for all the groups except for uNx orchidectomized rats. In this group the cytoplasmatic protein or RNA content was lower than in the other groups while DNA (nuclei content) was similar. Some degree of hyperplasia was determined by DNA content in the uNx groups. Male sexual hormones positively influenced CRG and its absence modulated cell size. Female sexual hormones, instead, did not appear to stimulate CRG. The kallikrein kinin system may not be involved in CRG.

Key words: cell volume regulation, compensatory renal hypertrophy, kallikrein kinin system, renal size, uninephrectomy

It is well known that after uninephrectomy (uNx) the remaining kidney undergoes morphological and functional adaptation to compensate for the organ absence. In fact, in male rats, after three weeks uNx, glomerular filtration rate and kidney weight increased around 70% to 85%. Proximal tubular diameter increased by 20%, as well1. No new nephrons were formed and the increment in glomerular filtration rate resulted, according to micropuncture studies, from the enhancement of single nephron glomerular filtration rate by hemodynamic adjustments2. The factors that are sensed after renal mass ablation and serve as signals to initiate the adjustments in glomerular hemodynamics responsible for the increase in the remnant kidney glomerular filtration rate remain
to be identified. Several vasoactive substances, including angiotensin II, aldosterone, natriuretic peptides I-5, endothelins I-7, eicosanoids I-9, and bradykinin I-2 have been implicated.

Bradykinin is increased in the intact portion of the remnant kidney and in its peri-infarct portion until, at least, the seventh week following 5/6 nephrectomy I-2. Bradykinin is a potent vasodilator peptide that may contribute to hemodynamic adaptations after partial renal mass removal. Unfortunately, data about bradykinin and/or kallikrein-kinin system on this subject are scarce.

On the other hand, we have recently found a strong influence of sexual hormones upon kallikrein-kinin system while studying intact and gonadectomized SHR with both kidneys and, also, a kallikrein-kinin system gender difference at baseline I-11. As a consequence, it was our interest to study both, the compensatory renal growth and function and the kallikrein-kinin system response after two months uNx in intact and gonadectomized adult Wistar rats of both sexes.

Materials and Methods
Forty Wistar rats of either sex were studied at age 150 days. Fifty percent of these animals underwent a unilateral nephrectomy at age 90 days. Previously, at age 60 days, half of the animals were gonadectomized. Thus, eight groups of rats with five rats in each resulted: -intact male; -uNx male; -orchiectomized; -orchiectomized uNx; -intact female; -uNx female; -ovariectomized and -ovariectomized uNx. The animals were fed ad libitum throughout the study with Cargill I-16, Laevosan Gesselschaft m.b.H, Linz, Austria) and had free access to tap water. They were housed at 24 °C with a dark-light cycle 12:12 h.

Gonads removal and right unilateral nephrectomy were performed under anesthesia at the time indicated above. Ovariectomy and orchiectomy were performed through a bilateral flank or a scrotum incision and after vessel ligation. The right kidney was also removed through a flank incision, isolated and decapsulated, ligated with 4-0 silk suture, excised and weighed. To assess CRG this kidney weight was compared with the weight of kidney measured at age 150 days. Sham operated animals were prepared in the same manner and the right kidney was manipulated but not removed. The area was cleansed with an antimicrobial agent and the incisions were sutured closed.

At age 150 days, the animals were housed in individual metabolic cages and a twenty-four-hour urine collection was made. The body weight was recorded and, later on, the animals were anesthetized with pentobarbital 50 mg/kg body weight, i.p. to perform clearance studies. Glomerular filtration rate was measured using Inutest I-16, as revised in 2000. This system allows sequential separation of nucleic acids utilizing different ethanol solution concentrations in nuclease free water for elution. DNA and RNA samples were stored at −70 °C until assayed. A ratio between optical density at 260 and 280 nm greater than 1.8 was considered a good index of the quality of the sample. DNA and RNA were measured by UV spectrophotometry at 260 nm, considering that one optical density represents 50 and 40 μg/ml, respectively. Results were expressed as mg/g renal cortex.

Statistics: Results were expressed as mean ± SEM. A p value lower than 0.05 was considered significant. The least square method for correlation was used when indicated.

This study involved a 3 × 2 factorial design, with uninephrectomy, gender and gonadectomy representing the independent variables. Results were analyzed using a factorial MANOVA, with mean variables (kidney weight, glomerular filtration rate, cell size, urinary kallikrein excretion and urinary volume and electrolytes renal excretion) representing dependent measures to be investigated. After the overall MANOVA was found to be significant for the mean variables and/or for their respective interactions, differences between groups were explored according to dependent measure.

All procedures were in conformance with the rules for Care and Use of Laboratory Animals approved by a Local Ethics Committee in accordance with the National Institute of Health (NIH) Guide for the care and use of laboratory animals and with the Helsinki Declaration of 1975, as revised in 2000.

Results
Gonadectomy and uNx effect on kidney and body weight

The factorial MANOVA analysis showed that uNx, gender or gonadectomy by themselves, as well as their combinations, modified the remnant kidney weight (p < 0.005 in all cases). As shown in Table 1 and Fig. 1, remnant kidney weight increased after uNx in male, orchiectomized and ovariectomized and female rats (by 50%, 25%, 19% and 15%, respectively) when compared with the kidney...
weight measured at the time of uNx (age 90 days), while gonadectomy increased the remnant kidney weight in a similar way, independently of gender. uNx female kidney growth was of less magnitude.

Male body weight gain, during the time elapsed between uNx and the final study, was greater than in the other groups 35% vs. 13-16%.

It is important to indicate that gonads removal had an effect upon body and kidney weight. Body and kidney weight in male non nephrectomized rats at age 150 days was higher than in orchidectomized rats (433 ± 15 and 350 ± 9 and 1.04±0.02 g, respectively, p < 0.001). Instead, body and kidney weight did not change after ovariectomy in relation to female rats (317 ± 13 and 0.87 ± 0.04 vs. 280 ± 9 and 0.97 ± 0.04, NS, respectively).

**Cell size, protein and nuclei content**

After uNx, protein content was similar in all the groups except in orchidectomized one: 233.3 ± 4.3, 207.0 ± 18.3 and 192.2 ± 4.9 mg/g kwt for male uNx, female uNx and ovariecotomized uNx rats, respectively vs. 132.1 ± 0.08 for orchidectomized uNx , p < 0.05. RNA content, was also smaller for this group: 3.34 ± 0.19, 3.24 ± 0.13 and 4.02 ± 0.033 mg/g kwt for male uNx, female uNx and ovariecotomized uNx rats, respectively vs. 1.24 ± 0.02, p < 0.05 for orchidectomized uNx.

The nuclear marker DNA was similar in all uNx groups (1.38 ± 0.09; 1.33 ± 0.08; 1.32 ± 0.05; and 1.33 ± 0.08 mg/g kwt for male uNx, orchidectomized uNx, female uNx and ovariectomized uNx rats).

Final cell size, at age150 days, measured by protein/ DNA (Fig. 2) or RNA/DNA ratio (2.47 ± 0.12, 2.47 ± 0.09 and 3.33 ± 0.42) was homogeneous in male uNx, female uNx and ovariectomized uNx groups, since protein and RNA increase was also paralleled by the increase in the DNA content. This increase in DNA in parallel to protein (Fig. 2) or RNA content (0.98 ± 0.04) was absent in orchidectomized uNx group. Accordingly, the factorial MANOVA analysis showed that only in this group, uNx and gonadectomy and gender combination modified both Protein/DNA and RNA/DNA ratios (p < 0.05 and p < 0.001, respectively).

In fact, number of cells, indicative of hyperplasia, measured by DNA content was about 36% higher in all uNx groups in comparison with the non-nephrectomized ones, 1.32 ± 0.04 vs. 0.96 ± 0.03 mg/g renal cortex, p < 0.001, respectively.

Protein and RNA methods yielded similar cytoplasmatic content estimations (y = 32.9x + 77, r = 0.75, p < 0.05).

Is important to note that histopathological studies did not show abnormal findings -such as infiltrating cells or cellular fibrosis- in any group.
TABLE 3.– Functional data at age 150 days in non-and uni-nephrectomized (uNx) rats with and without gonadectomy (oVx or oRx).

<table>
<thead>
<tr>
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<th>Male</th>
<th>oRx</th>
<th>Female</th>
<th>oVx</th>
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<td></td>
<td>Time (days)</td>
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<td>90</td>
<td>150</td>
<td>90</td>
<td>150</td>
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<tr>
<td>Kidney wt (g)</td>
<td>1.48 ± 0.08</td>
<td>2.23 ± 0.05</td>
<td>1.11 ± 0.04</td>
<td>1.39 ± 0.07</td>
</tr>
<tr>
<td>Body wt (g)</td>
<td>326 ± 16.0</td>
<td>441 ± 8.1</td>
<td>303 ± 12.9</td>
<td>350 ± 15.8</td>
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Values are for one kidney weight only.

n = 5 in each experimental group

The factorial MANOVA analysis showed that uninephrectomy and gonadectomy modified urinary volume, Na+, K+ excretion and osmolality (p < 0.001 and p < 0.05, respectively) whereas uninephrectomy and gonadectomy combination modified osmolality (p < 0.05).
Gonadectomy and uNx effect on blood pressure and renal function

Mean blood pressure ranged from 101 to 114 mmHg for all groups, except for the ovariectomized group. The ovariectomized rats showed the lowest mean blood pressure level, 92.5 ± 8.3 (Table 2).

Glomerular filtration rate (expressed in ml/min/g kwt) was similar in male and female intact rats (0.99 ± 0.05 and 0.93 ± 0.05, NS), respectively and slightly lower after gonadectomy, NS. After uNx, glomerular filtration rate remained in comparable levels to those described above in male uNx, orchidectomized uNx and ovariectomized uNx. On the contrary, female uNx rats were not able to increase glomerular filtration rate, thus demonstrating a lack of compensatory functional adaptation to unilateral kidney removal (female vs. female uNx, 0.93 ± 0.05 vs. 0.56 ± 0.02, (p < 0.05; Table 2). The uninephrectomy, as well as gonadectomy increased urinary volume, sodium and potassium excretion (p < 0.001 and p < 0.05, respectively), but the combination of both failed to show an additive effect in factorial MANOVA analysis (Table 3).

Both uninephrectomy and gonadectomy diminished urinary osmolality (p < 0.001 in both cases), while its combination showed an additive effect in factorial MANOVA analysis (p < 0.05; Table 3).

Gonadectomy and uNx effect on kallikrein kinin system

Urinary kallikrein activity, shown in Fig. 3, was higher in female than that in male rats independently of uninephrectomy status (p < 0.001), while gonadectomy increased kallikrein activity in male rats (p < 0.05). In this regard, urinary kallikrein activity in orchidectomized groups approached the ovariectomized levels, independently of uNx status.

Discussion

Present results show that compensatory renal growth is maximum in male rats after two months uNx when compared with uninephrectomized female or gonadectomized groups. Compensatory renal growth, instead, is lowest in uninephrectomized female rats. Protein/DNA and RNA/DNA ratios demonstrate that orchidectomized uNx rats are unable to attain the cell size reached by the other groups, since the nuclei marker increase is not paralleled by cytoplasmatic growth in them. A 36% DNA increase in all the uninephrectomized groups with respect to the non-nephrectomized ones clearly indicates the presence of hyperplasia in the CRG of this model.

Glomerular filtration rate in female uNx rats, as well as CRG, is lower than in the intact female rats. The compensatory renal growth in ovariectomized uNx rats, however, proceeds as in the rest of the groups. It may be that the lack of female sexual hormones allows the remnant kidney to grow normally.

Daily urinary volume, sodium and potassium excretions increase when gonadectomy or uninephrectomy is performed. Both, uninephrectomy and gonadectomy, instead, contribute to diminished urine osmolality. Several authors, working in female experimental animals, in isolated perfused kidney or after estradiol supplementation, measuring diuresis or urine concentration capacity have found an increase in water excretion or a diminished response to an antiuretic hormone. The same appears to be true in humans: men excrete more solutes than...
In accordance with Liu & Preisig, the kallikrein kinin system activity was found. A sex dimorphic pattern of the growth hormone in the mature rat is sexually differentiated and that the steroid may influence the growth hormone secretory pattern through the hypothalamic neuropeptides. Our data are in agreement with the fact that sexual hormones may influence CRG since we found that CRG is maximum in the uninephrectomized male rats, that the kidney weight turns to be low after orchidectomy, even after uNx, and that CRG is poor in female rats. In order to determine whether these findings could be extended to humans, it appears to be of interest to explore CRG in female kidney donors.

Cell size, according to protein or RNA/DNA ratios, attained a similar magnitude to their respective non-nephrectomized groups in all uninephrectomized groups, except in the orchidectomized uNx. These findings are in accordance with Liu & Preisig proposal that uninephrectomy induces CRG results through a cell cycle mediated mechanism. Cells of the orchidectomized uNx group, however, did not reach the other group cell size, cytoplasmatic protein content was small. It may be thought that the absence of male sexual hormones, which in turn diminishes growth hormone stimulus, contributes to alter the precise equilibrium between the rate of protein synthesis and degradation. Besides, since all uNx groups showed higher levels of DNA in comparison with the intact groups, we are allowed to suggest that some degree of hyperplasia may also contribute to CRG. Although Mulroney et al., in studies performed close to uNx, described that the presence of hyperplasia in female compensatory growth after uNx is probably associated to a different pattern in GH secretion and IGF-1 receptor expression than the one observed in male rats. Our studies, made late after uNx, do not allow us to disregard or confirm their results. Liu and Preisig, working on a shorter experiment and using a different DNA synthesis marker, failed to demonstrate an increase in the number of nuclei in the remnant kidney.

Mackie et al. described an increase in intrarenal bradykinin peptides in the intact portion of the 5/6 remnant kidney undergoing 2-7 week hypertrophy not entirely attributed to an inflammatory process. In our experimental model no relation between compensatory renal growth and kallikrein kinin system activity was found. A sex dimorphic pattern for urinary kallikrein activity was found in intact animals, as already described. Urinary kallikrein activity was higher in female than male rats and this finding persisted after uninephrectomy. This sex dimorphism for kallikrein kinin system disappeared in the orchidectomized groups, uninephrectomized or not. In fact, urinary kallikrein activity in orchidectomized rats—with or without uNx—turns to be similar to female groups. The increase of urinary kallikrein activity that follows orchidectomy strongly suggests that a male sexual hormone represses kallikrein activity.

Our finding show that CRG strongly differs between sexes. In female and gonadectomized rats the compensatory growth and function is lower than in male uNx animals. In all groups, but not in the orchidectomized uNx the cell size is similar showing that the lack of male sexual hormones influences negatively renal hypertrophy. Hypertrophy is present in the rest of the groups accompanied by some degree of hyperplasia. The kallikrein kinin system does not appear to be linked to CRG at least at 2 months after uNx.

Acknowledgments: This work was supported by grants from Universidad de Buenos Aires, Ministerio de Ciencia y Técnica and Consejo Nacional de Investigaciones Científicas y Técnicas, Buenos Aires, Argentina. The authors want to thank Dr. Marina Khoury for the statistic assistance.

Conflicts of interest: The authors declare to have no conflicts of interest.
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